

Physician Background Questionnaire

Please complete each of the following questions.

- 1) Full name (first and last) _____
- 2) Faculty or year in residency:
 PGY-1
 PGY-2
 PGY-3
 Faculty
- 3) Age _____
- 4) Gender
 Female
 Male
- 5) Relationship status (please check the box that most closely describes your relationship status)
 Single, not dating
 Single, casual dating
 Single, in a steady relationship
 Engaged to be married
 Married
- 6) Number of children
 None
 One
 Two
 Three
 Four
 Five or more
- 7) When taking care of your patients, to what extent do you try to see the world "through their eyes"?
 Not at all
 A little
 Sometimes
 Often
 All the time
- 8) When taking care of patients do you intentionally provide them with new ways of looking at things (a new perspective)?
 Not at all
 A little
 Sometimes
 Often
 All the time
- 9) When you do offer new perspectives are they generally accurate/plausible?
 Not at all
 A little
 Sometimes
 Often
 All the time
- 10) When you take care of patients do you get them to focus on the present moment while they're with you (rather than past or future)? For example, do you ever ask for their reactions to diagnosis or treatment right in the exam room?
 Not at all
 A little
 Sometimes
 Often
 All the time
- 11) Are you able to focus on what's most important to patients (versus focusing on your agenda as the physician)?
 Not at all
 A little
 Sometimes
 Often
 All the time
- 12) Do you use rich, vivid, metaphorical language, consistent with your patient's concerns?
 Not at all
 A little
 Sometimes
 Often
 All the time

13) Is your voice expressive, empathetic, and appropriate to the situation?

- Not at all
- A little
- Sometimes
- Often
- All the time

14) Do you communicate in ways that expresses your desire to explore and understand patients (vs. lecturing to them)?

- Not at all
- A little
- Sometimes
- Often
- All the time

15) Do you believe that your responses to patients make an impact on them?

- Not at all
- A little
- Sometimes
- Often
- All the time

16) To what extent do you enjoy the psychological component of patient care?

- Not at all
- A little
- Sometimes
- Often
- All the time

17) To what extent do you see yourself as empathetic?

- Not at all
- A little
- Sometimes
- Often
- All the time

18) Have you ever had an eating disorder or struggled with eating or obesity. If so, please briefly describe:
